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## **Graft Surgery Post Operative Instructions**

- No Smoking (for at least 3 weeks) – can result in failure of the procedure
- No carbonated beverages
- No alcohol
- No drinking with straws
- No brushing/flossing in surgical site (until specific brushing instructions are given at post operative appointment)
- Brush and floss all other areas the day after surgery
- Rest and avoid physical activity for 7 days
- Slight bleeding or oozing is normal for the first 1-2 days. (If excessive bleeding occurs on roof of mouth, apply a moistened tea bag or sterile gauze for 20 – 30 minutes. If excessive bleeding occurs at graft site – Call the office immediately)
- Do not chew in surgery area
- Your diet should be restricted to cold soft foods. Gradually progress to regular food avoiding sharp, crunchy foods.
- Take medications(s) as directed
- Use ice pack for 20 minutes on / 20 minutes off for 4 hours
- Do not pull your lip out to look at the surgical area
- Wear the stent for the first two days. (After that you may gently remove stent for cleaning, but replace it and continue to wear for 7 – 14 days for comfort)
- Warm salt water rinses the day after surgery
- Sutures will dissolve on their own unless otherwise informed
- Call your doctor if you have any questions or problems

**Dr. Johnson Cell # 214-497-1017**

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**Amoxicillin 500 mg** This medicine is a penicillin antibiotic used to prevent infections. This medicine may be taken with food. Continue this medicine for the full course of treatment. **DO NOT TAKE THIS MEDICATION IF YOU HAVE HAD AN ALLERGIC REACTION TO A PENICILLIN ANTIBIOTIC!** (Ceclor, Keflex, Ceftin, and Duricef) **For women taking birth control pills, this medicine may decrease the effectiveness of birth control pills.** If you have *Diabetes Mellitus*, this medication may cause false test results with some urine glucose tests.

**Clindamycin 150, 300 mg** This medicine is used to treat or prevent infections. This medicine may be taken with food. Continue taking this medicine for the full course of the treatment. **For women taking birth control pills, this medicine may decrease the effectiveness of birth control pills.** If you experience sore throat, oral burning sensation, fever, fatigue, or if the symptoms of infection increase, please contact us immediately. This medicine may upset your stomach. Take Mylanta or Pepto Bismol to help.

**Darvocet N 100** This medicine is used to relieve pain and **should be taken with food.** This medicine may cause drowsiness or dizziness. Alcohol may increase these side effects. You may take this medication with an anti-inflammatory.

**Doxycycline 100 mg** This medicine is a tetracycline antibiotic used to treat infections and **should be taken with food.** Do not take vitamins, antacids, calcium, iron, magnesium or zinc products within 1 hour of taking this medicine. Continue taking this medicine for the full course of treatment. **This medication may cause increased sensitivity to the sun.** **For women taking birth control pill, this medicine may decrease the effectiveness of birth control pills.** If you are or may become pregnant, check with your doctor before taking this medication.

**Lortab 5.0, 7.5 mg** This medicine is used to relieve pain and **should be taken with food.** **DO NOT TAKE THIS MEDICATION IF YOU HAVE HAD AN ALLERGIC REACTION TO HYDROCODONE!** This medicine may cause drowsiness or dizziness. Alcohol may increase these side effects.

**Mederol Dose Pack** This medicine is used to treat severe inflammation. Continue taking this medicine for the entire course of treatment. Possible side effects include dry mouth, headache, mood changes, diarrhea, nausea and abdominal distention. If dry mouth occurs, avoid using rinses with a high alcohol content, use sugarless gum, and take frequent sips of water.

**Peridex** This medicine is used to treat redness and swelling of the gums. **Use this medicine as a mouth rinse after brushing teeth.** Rinse with medicine for about 30 seconds, and then spit out. **DO NOT SWALLOW.** **This medicine may temporarily stain teeth and may also change the taste of food.** **Do not rinse with water** after using medicine for 30 minutes as this will increase the bitter taste of this medicine.

**Tylenol #3** This medicine is used to relieve pain and **should be taken with food.** This medicine may cause drowsiness or dizziness. Alcohol may increase these side effects. You may take this medication with an anti-inflammatory.

**Z-Pack** Take this medicine as directed on package.